|                           |                 |                               | Breakfast Menu Items For | The Week              |                      |                              |
|---------------------------|-----------------|-------------------------------|--------------------------|-----------------------|----------------------|------------------------------|
| Oatmeal<br>Cold Cereal    | Eggs Any Style  | Toast                         | Milk                     | Assortment            | Tea                  | 1/2 Grapefruit<br>1/2 Orange |
| Cream of Wheat            | Bacon           | Assorted Muffins              |                          | Of Fruit Juices       | Coffee               | Bananas                      |
| Oct.16                    | Oct.17          | Oct.18                        | Oct.19                   | Oct.20                | Oct.21               | Oct.22                       |
| MONDAY                    | TUESDAY         | WEDNESDAY                     | THURSDAY                 | FRIDAY                | SATURDAY             | SUNDAY                       |
| Vegetable Soup            | Barley Soup     | Cream of Cauliflower          | Chicken Rice Soup        | Cream of Chicken Soup | French Onion Soup    | Veg Soup                     |
| Chicken Tetrazzini        | Roast Pork      | BBQ Rib                       | Hot Beef<br>Sandwich     | Fried Fish            | Ground pork Meatloaf | Roast Turkey<br>Dressing     |
| Mashed Potatoes           | Mashed Potatoes | Mashed Potatoes<br>Rice Pilaf | Mashed Potatoes          | Mashed Potatoes       | Mashed Potatoes      | Gravy                        |
| Broad Noodles             | Squash          | Peas                          | Corn                     | Medley of Vegetable   | Carrots/Turnip       | Mashed Potatoes              |
| Carrots                   | ·               | Melon                         | Date Squares             | Fruit Fruit Salad     | Fruit Pudding        | Green beans<br>Pie           |
| Applesauce                | Chocolate Tarts |                               |                          |                       |                      |                              |
| Vegetable Soup            | Barley Soup     | Cream of Cauliflower          | Chicken Rice Soup        |                       | French Onion Soup    | Fish Chowder                 |
| Assorted Sandwich         | Cabbage Roll    | Hamburger Pasta<br>Casserole  | French Toast             | Hardy Chicken Soup    | Baked Beans          | Biscuits                     |
| Side Salad                | Zucchini Salad  | Oussel old                    | Sausage                  | Rolls                 | Brown bread          |                              |
| Peach Crumble             | Fruit Cocktail  | Cookies                       | whipped Jello            | Donuts                | Squares              | Strawberries                 |
| Menu may change without n | otice           | 1                             |                          | 1                     |                      |                              |
| HS Snack Menu             | Cheese and      |                               |                          |                       |                      |                              |
| Toast                     | Crackers        | Rice Kripie Squares           | Voortman Cookies         | Toast                 | Cookies              | Banana & Cream               |